

CCA Type	CCA Name	CCA Training Days					Remarks
		Mon	Tues	Wed	Thurs	Fri	
Clubs & Societies	English Literary, Drama & Debate Society (ELDDS)	3.30-6.00pm (Com Lab 4 & 1 DYN classroom)					(extra training on Wed/Fri during competition period if needed)
	Interact Club				3.30-5.30pm (MT Rm 5/Com Lab 3)		Board of Directors' meetings on Mondays if needed (for urgent events). Ad-hoc weekend and night activities as determined by the Rotaract club and community partners
	Infocomm Club				3.30-6.00pm (Com Lab 2)		
	Photography Club	3.30-5.30pm (Com Lab 2&3)					
	Prefectorial Board (Not available for Sec 1s)	3.30-5.30pm (Classroom)					
	Youth Flying Club		3.30-6.00pm (D&T Workshop 1 & ISH 2 & Field/Grass Patch)			3.30-6.00pm (Com Lab 4, D&T Workshop 1)	Another weekday for competition prep.
Performing Arts	Chinese Dance		3.30-6.00pm (Spectrum)				Selected days for SYF prep.
	Chinese Orchestra		3.30-6.00pm (All sections except percussion) (Music Room/IT Room 1 & 3/Block C Level 3 Classrooms )		3.30-6.00pm (Music Room/Block C Level 3 Classrooms )		Additional weekday for SYF period.
	EVG Winds (Band)	3.30-6.00pm (AVA Room)			3.30-6.00pm (AVA Room)		Sat (8.00-11.00am) during SYF period
	Gamelan Ensemble	3.30-6pm (Gamelan Room)	3.30-5pm (Gamelan Room)		3.30-5pm (Gamelan Room)		Gamelan Room (Monday for competition Preparation)
	Guitar Ensemble		3.30-6.00pm (AVA Room & IT Room 2)		3.30-6.00pm (IT Room 1 & 2)		
	Malay Dance	3.30-6.00pm (Spectrum)			3.30-6.00pm (Spectrum)	1pm-3pm (Spectrum)	Additional day on Friday for SYF preparation
Sports & Games	Badminton	3.30-6.00pm (School Hall)	3.30-6.00pm (School Hall/ISH Level 2)			Boys (1.30 - 4.30 pm), Girls (2.30pm to 5.30pm.) [School Hall]	
	Athletics / Cross Country	4:00-6:30pm (Woodlands Stadium) Sec 1-5			6:30-7:25am (Sch field / ISH 1) Sec 1-5		Saturday 7:30am-10am (Macritchie/ Bedok Reservoir) Sec 2-5. Sec 1s who are interested to participate in National Schools are encouraged to attend Training at Bedok Reservoir
	Netball (Girls)	3.30-6.00pm (Parade Square)			3.30-6.00pm (Parade Square/ISH lvl 1)		
	Table Tennis		3.30-5.30pm (School Hall)		3.30-5.30pm (School Hall)		
	Rugby (Boys)	3.30-5.30pm (School Field)	3.30-5.30pm (School Field)		3.30-5.30pm (School Field)		
	Touch Rugby (Girls)	3.30-5.30pm (School Field)					
	Volleyball	3.30-6.00pm [Boys&Girls] (ISH lvl 1&2)		3.30-6.00pm (Boys) ISH lvl 2	3.30-6.00pm (Girls) [ISH lvl 2]		
Uniformed Groups	National Cadet Corps (Land)					2.00-6.30pm	Occasionally other weekdays/weekends as determined by respective HQ programmes
	National Civil Defence Cadet Corps (NCDCC)					2.30-6.30pm 4 Character/ 4 Dynamic/ 4 Thinking Classrooms (Theory/Practical Sessions)	
	National Police Cadet Corps (NPCC)					2.30-6.30pm	
	Red Cross Youth					2.30-6.00pm (Report at the car porch by 2.20pm in track pants and RCY shirt)	